









10th Annual Conference of the Association of Physicians of India

MAPICON-2023

ORGANISED BY

The Association of Physicians of India (Malwa Branch) in association with All India Institute of Medical Sciences, Bathinda.

SCIENTIFIC PROGRAMME &

ABSTRACT BOOK



21st-24th September 2023, Auditorium, AIIMS, BATHINDA.

Under the aegis of Punjab Medical Council, API, ICP

(Awarded 16 credit hours for physical attendance & 5 credit hours for online attendance by PMC Vide Letter No. PMC/CME/2023/4034 Dated: 04-08-2023)

Message from Organising Committee

Dear Doctors,

Association of Physicians of India (Malwa Branch) is organising the 10th Annual Conference of API Malwa Branch 'MAPICON 2023' in association with AIIMS, Bathinda. MAPICON 2023 will be organised in HYBRID format where delegates can attend MAPICON physically as well as online. Punjab Medical Council has awarded 16 credit hours for physical attendance and 5 credit hours for online attendance. Organising Committee is pleased to invite all doctors, PG Students, Interns and MBBS students to the vibrant city of lakes, Bathinda, to attend and participate in 'MAPICON 2023'. We have kept Oral/Poster presentation sessions for those interested to present their scientific papers & assembled an exciting and stimulating scientific programme for 4 days focusing on primary health care professionals & medical students.

Organising Committee MAPICON-2023

Patron



Prof. Dr. D.K. Singh Director, AIIMS

Co-Patron



Prof. Dr. Akhilesh Pathak Dean, Academics, AIIMS

Chairmen Organising Committee



Dr. Rajiv Kuldrark.K. Nohria Medical Superintendent, AIIMS

Chairmen Scientific Committee



Dr. Rakesh Kakkar



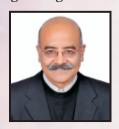
Dr. Ashok Goyal

Dr. M. R. Gupta



Dr. Kewal Krishan

Organising Secretary



Prof. Dr. Vitull K. Gupta

Co- Organising Secretary



Dr. Preeti Singh Dhoat

Office Secretary



Dr. Sonia Arora

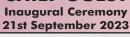
Executive Org. Secretary



Dr. Meghna Gupta

Conference Secretariat -

CHIEF GUEST





Dr. Balbir Singh Health & Medical Education. Cabinet Minister, Punjab

GUESTS OF HONOUR



Mr. Jagroop S. Gill MLA, Bathinda (Urban)

PATRON

Dr. D. K. Singh

Director, AIIMS, Bathinda



Dr. Rajeev Sood Vice Chancellor, BFUHS, Faridkot



er, Board of Management **BFUHS**, Faridkot





CHIEF ADVISOR



Dr. G. S. Wander Chairman, Board of Management BFUHS, Faridkot



CHIEF GUEST

Felicitation Ceremony 24th September 2023

Dr. Baljit Kaur Women & Child Development, Cabinet Minister, Punjab

Scientific Programme MAPICON 2023 (21-09-2023) Thursday

09:00am to 10:00am

Registration and Breakfast

09:00am to 10:30am

Scientific Paper Presentations

11:20am to 11:45am

Hypertension Guidelines: What is New in 2023



G. S. Wander DM Cardiology, Chief Cardiologist, HERO DMC, Ludhiana. hairman, Board of Management, BFUHS, Faridkot.

1:10pm to 1:35pm

Life Course Approach for NCD Control



Rakesh Kakkar HOD. **Dept of Community Medicine,** AIIMS, Bathinda.

2:25pm to 2:50pm

PCOD: Overview



Sunita Goyal Cloud Nine Hospital, Ludhiana.

10:30am to 10:55am

Approach to Transaminitis



Preeti Singh Dhoat HOD, Dept of Medicine AIIMS, Bathinda

11:45am to 12:45pm

INAUGURATION

1:35pm to 2:00pm

Diet in Convalescence



Karamveer Goyal MD Medicine, Member PMC, Ludhiana.

2:50pm to 3:15pm

Approach to a Patient of ABPA



Ram Niwas DM Pulmonology, AIIMS, Bathinda.

10:55am to 11:20am

Emphysematous Pyelonephritis: Surgical Perspective



Maninder Singh Jaura M.S., M.Ch. Urology, **Urologist and Kidney** Transplant Surgeon, **Delhi Heart Institute and** Multi-Speciality Hospital. Rathinda

12:45pm 1:10pm

NAFLD: New Pandemic



Ravinder Garq MD Medicine, **HOD Dept of Medicine**, GMC. Faridkot.

2:00pm to 2:25pm

Diabetic Nephropathy: An Update



Sourav Goval DM Nephrology, **Delhi Heart Institute and** Multi-Speciality Hospital, Moga / Bathinda.

3:15pm to 3:40pm

Cervical Cancer and Utility of Vaccination



Arvind K. Sharma **Consultant Gyneclogist** & Endoscopic Surgeon, **Indian Association of** Gynecologic Endoscopic Surgeons.

3:40pm to 4:05pm

Healthy Childhood Development: Tips for Parents



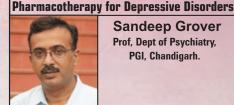
Naveen K. Bhardwaj

Associate Professor, Dept. of Pediatrics. AIIMS, Bathinda



Raiiv Chawla

Consultant Microbiologist, Director, Newlife Medicity, Bathinda.



Sandeep Grover Prof, Dept of Psychiatry, PGI, Chandigarh.

4:55pm to 5:20pm

Dietary Management of Nephrolithiasis: Myths and Facts



Suresh Goyal MS, MRCS-1, MNAMS, MCh (Urology), AP, Department of Urology, AIIMS, Bathinda,

5:20pm to 5:45pm

4:05pm to 4:30pm

Utility of Bronchopulmonary Lavage

Electrolyte Imbalance in ICU



Rohit Bansal MD Anaes & Critical Care. **Delhi Heart Institute and** Multi-Speciality Hospital, Bathinda.

5:45pm to 6:00pm

4:30pm to 4:55pm

One Size Doesn't Fit All: Tailoring the

Scientific Paper Presentations

Scientific Programme MAPICON 2023 (22-09-2023) Friday

09:00am to 10:00am

Registration and Breakfast

9:00am to 10:30am

Scientific Paper Presentations

11:20am to 11:45am

Millets Reinvented



Usha Goyal District Health Officer, Bathinda.

10:30am to 10:55am

Indian Hypertension Control Initiative: An Overview



Bidisha Das M.D (Community Medicine) Cardiovascular Health Officer (WHO-India Hypertension **Control Initiative)**

Approach to Seizure Disorders

10:55am to 11:20am



Niket Verma MD Medicine. AP, Dept. of Medicine Member, Centre for Medical **Education and Technologies,** AIIMS, Bathinda.

11:45am to 12:10pm

Blood Management in Clinical Practice



Sirat MD Immunohematology and **Blood Transfusion**, AP, Transfusion Medicine and Blood Bank, AIIMS, Bathinda.

12:10pm to 12:35pm

Management of UTI



B. S. Bal MD Medicine. Ex Principal, GMC, Amritsar.

12:35pm to 1:00pm

Acute Kidney Injury in Critical Care



Divendu Bushan MD Medicine, Associate Prof. & HOD **Dept of Emergeny Medicine,** AIIMS, Patna.

1:00pm to 1:25pm

Recent Advances in Lung Cancer Stage IV Evaluation and Management



Anuj Bansal DM, Medical Oncology, **Punjab Cancer Care and** Multispeciality Hospital, G.T. Road, Bathinda.

1:25pm to 1:50pm

Varicose Veins: Present Scenario



Vikas Chabbra MS Surgery, Chabbra Hospital, President, IMA, Bathinda.

1:50pm to 2:15pm

Brachial Plexus Injuries: An Overview



P. S. Bhandari Senior Consultant, Plastic Surgery, **Brijlal Superspeciality Hospital,** Haldwani, Nainital.

2:15pm to 2:40pm

Chronic Pain Management: What is New?



Preet Kanwall Narula DA, DNB, FIPM, HOD, Dept. of Anaesthesia. Pain Medicine & Critical Care. Max Superspeciality Hospital, Bathinda.

2:40pm to 3:05pm

Approach to Pancytopenia in Adults



B. L. Bhardwaj MD Medicine, Ex Principal, GMC, Patiala. Vice Chancellor, MMU, Sadopur, Ambala City.

3:05pm to 3:30pm

Management of Spontaneous Intracerebral Haemorrhage



Amit Gupta MS, Mch (KGMU Lucknow) Consultant Neurosurgeon, **Newlife Medicity, Bathinda**

3:30pm to 3:55pm

Unusual but Treatable Heart Failure Etiologies



Bhupinder Singh DM Cardiology, **Addtional Professor** & HOD, Dept. of Cardiology, AIIMS Bathinda.

3:55pm to 5:30pm

Scientific Paper Presentations

Scientific Programme MAPICON 2023 (23-09-2023) Saturday

09:00am to 10:00am

Registration and Breakfast

9:00am to 10:55am

Scientific Paper Presentations

11:45am to 12:10pm

Sleep Disorders



Arun Thapar M.D., Consultant Physician, 1. Gomti House. Mall Road, Ludhiana.

10:55am to 11:20am

Gestational Diabetes: Diagnosis and Management



Parminder Singh DM Endocrinology, **HOD Dept of Endocrinology,** DMC, Ludhiana.

11:20am to 11:45am

Rheumatology in Day to Day Practise



Aman Sharma DM Rheumatology, **HOD Dept of Rheumatology,** PGI Chandigarh.

12:10pm to 12:35pm

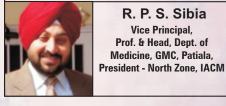
Recent Advances in Cardiology: **An Overview**



Sonu Sharma DM Cardiology. **Delhi Heart Institute and** Multi-Speciality Hospital, Bathinda

12:35pm to 1:00pm

Management of Chronic Hepatitis C



R. P. S. Sibia Vice Principal, Prof. & Head, Dept. of Medicine, GMC, Patiala,

1:00pm to 1:25pm

Management of Heart failure in 2023



Anurodh Dadarwal MD, DM Cardiology, Consultant Cardiologist, IVY Hospital, Bathinda.

1:25pm to 1:50pm

Suicide in Young: Causes and Prevention



Arun Bansal MD Psychiatry, Civil Hospital, Bathinda.

1:50pm to 2:15pm

Approach to a Patient of **Acute Febrile Illness**



Madan Mohan MD Medicine, Muktsar

2:15pm to 2:40pm

Tuberculosis Preventive Treatment: Latest Guidelines



Mohanjeet Kaur MD Medicine, Ludhiana.

2:40pm to 3:05pm

Renal Denervation in Resistant Hypertension



Prerna Goval MD (Med), Deputy MS and **Senior Consultant Physician RG Stone and Superspeciality** Hospital, Ludhiana. Past Vice President- WINCARS

3:05pm to 3:30pm

Surgical Site Infection: An Overview



Altaf Mir Associate Professor & Head. Department of Burns & Plastic Surgery, AIIMS, Bathinda.

3:30pm to 3:55pm

Diagnosis and Management of Anxiety Disorders



P. D. Bansal Prof, Dept of Psychiatry, GMC & H, Faridkot.

3:55pm to 4:20pm

Management of Hypertension in Diabetes



Vipin Talwar DM (Endocrinology), FACE, Director & Consultant **Endocrinologist**, Golden Hospital, Jalandhar, President, RSSDI (Punjab)

4:20pm to 5:30pm

Scientific Paper Presentations

Scientific Programme MAPICON 2023 (24-09-2023) Sunday

09:00am to 10:00am

Registration and Breakfast

9:00am to 10:30am

Scientific Paper Presentations

11:20am to 11:45am

Chest Pain: When to do Coronary Angiography?



Pradeep Jain DM Cardiology, Apollo Hospital, New Delhi.

12:50pm to 1:15pm

Right Sided Infective Endocarditis: Our Experience at AIIMS, Bathinda



Suraj Kumar DM Cardiology, Assistant Professor, Dept. of Cardiology, AlIMS Bathinda.

2:05pm to 2:30pm

Diabesity: An Overview



Sandeep Puri MD Medicine, Principal, DMC, Ludhiana

3:20pm to 3:45pm

NMC: Myths and Realities



Neeraj Nagpal MD, Consultant Physician & GI Endoscopist. Chairman & Managing Trustee MLAG, Ex President, IMA, Director Hope GI Diagnostic Clinic Chandigarh.

4:35pm to 5:00pm

QPR Gatekeeper:
An Effect Step Towards Suicide Prevention



Bharat Udey
Assistant Professor,
Department of Psychiatry,
AllMS, Bathinda.

10:30am to 10:55am

Cardio-Obstetrics: The Road ahead



Shibba Takkar Chhabra DM Cardiology, Hero DMC, Ludhiana.

11:45am to 12:10pm

CABG Better than PTCA: Which CAD?



Rajiv Kumar Gupta MCh Cardio-Thoracic Surgery, HOD, CTVS, Medical Superentendent, AIIMS, Bathinda.

1:15pm to 1:40pm

Dyslipidaemia: Problems and Solutions



Kavita Tyagi Consultant Interventional Cardiology, Sir Gangaram Hospital, Delhi.

2:30pm to 2:55pm

Heart to Heart Talk with Doctors



Bhagwant Singh President IMA Punjab, Patiala.

3:45pm to 4:10pm

Dietary Cholesterol and CVD



Arun Chopra
DM Cardiology,
Director Cardiology,
Fortis Hospital,
Amritsar.

5:00pm onwards

Certificate Distribution and Vote of Thanks 10:55am to 11:20am

SGLT2i in Heart Failure



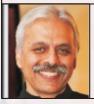
Rohit Kapoor MD (Internal Medicine) Director, Carewell Heart & Super Speciality Hospital, Amritsar

12:10pm to 12:50pm

Felicitation Ceremony

1:40pm to 2:05pm

Mistakes Doctors Commit in Court



Ashwani Kumar Setya
DM (Gastro), Adjunct Prof,
ESCI Medical College,
Faridabad.
Medico-legal Consultant
and Advisor.

2:55pm to 3:20pm

Alcohol and Heart: Myths and Realities.



H. P. Singh MD Medicine, Director Cardiology, Fortis Hospital, Amritsar.

4:10pm to 4:35pm

Changing Paradigm of PTCA



Deepak Kapila DM Cardiology, Director Cardiology, Fortis Hospital, Amritsar.

Awarded 16 credit hours for physical attendance & 5 credit hours for online attendance by PMC Vide Letter No. PMC/CME/2023/4034

Dated: 04-08-2023



Delhi Heart Institute & Multispeciality Hospital



Our Specialities

- Emergency Trauma
- Cardiology
- Cardiac Surgery
- Pulmonology
- Gastroenterology
- GI & General Surgery
- Urology
- Neuro Surgery
- Neurology
- Nephrology

- Gynaecology & Obstetrics
- IVF
- Endocrinology
- Dental Surgery
- Psychiatry
- Anesthesia & Critical Care
- Pathology & Microbiology
- Radiodiagnosis
- Physiotherapy
- Diet & Nutrition

Facilities Available 24x7

- Cardiac Care Services
- Emergency Care Services
- Laboratory
- Radiodiagnosis & Imaging (CT, Digital X-Ray, MRI)
- Dialysis
- Ambulance Services
- Pharmacy

* Gynaecology and IVF Department (Test Tube Baby)

* Mother and Child Care Centre

* 128 slice CT Scan and Silent MRI Scan.

* State of Art high end machines in Pathology and
Biochemistry Lab--Delhi Diagnosis

Maximum Number of Super Specialist Doctors under One Roof
International Level Infrastructure, Brand New State of Art High
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Register online at www.apimalwa.com for the largest HYBRID conference of the region, applied for 16 credit hours (Physical), 5 credit hours (Online) under the aegis of PMC, API & ICP











Annual Conference of the Association of Physicians of India (Malwa Branch)

26th-29th September 2024, Auditorium, AIIMS, Bathinda.

ORGANISED BY

The Association of Physicians of India (Malwa Branch) in association with All India Institute of Medical Sciences, Bathinda



Category	25-09-2023 to 31-08-2024	Spot Regd. 01.09.2024 to 26.9.2024 (upto 3:00pm)
Regd. Fee	₹ 5000/-	₹ 6000/-

MAPICON 2024 will be organised as a HYBRID Conference.

Applied for 16 credit hours for physical attendance & 5 credit hours for online attendance.

Physical presence is must with photo ID for registration & collection of certificate.

No spot registration after 3:00 pm on 26-09-2024, registration fee will not be refunded.

Send research papers to vituligupta2000@yahoo.com by 10th September 2024.

No individual message will be sent, please visit www.apimalwa.com regularly for updates.

ORGANISING COMMITTEE



Prof. Dr. D.K. Sinah Patron



Prof. Dr. Akhilesh Pathak Dr. Rajiv Kumar Dr. K.K. Noh Co-Patron Chairmen Organising Committee





Dr. K.K. Nohria



Dr. Rakesh Kakkar



Dr. Ashok Goyal Chairmen Scientific Committee



Dr. M. R. Gupta

Dr. Kewal Krishan Prof. Dr. Vitull K. Gupta Dr. Preeti Singh Dhoat Dr. Sonia Arora

Organising Secretary



Co-Organising Secretary



Office Secretary



Dr. Meghna Gupta Executive Org. Secretary

CONFERENCE SECRETARIAT

Kishori Ram Hospital Building, Kishori Ram Road, Basant Vihar, Bathinda -151001



Chairmen Registration Committee